

MEET THE OWNER:

KATHERINE KAVANAUGH

Katherine, a graduate of Murphy's School of Medical Massage Therapy in Stevensville, MI, brings a wealth of expertise and passion to her work. Originally from Detroit, she has found her home in the close-knit community of Three Oaks, MI. Katherine's dedication to small-town culture and her belief in supporting local businesses have been guiding principles throughout her career.

Purchasing and continuing the legacy of Evolve Spa in New Buffalo, MI was not just a professional milestone—it was a lifelong dream come true. Katherine firmly believes that success is where preparation and opportunity intersect, and Evolve Spa New Buffalo is a testament to that philosophy.

At Evolve Spa New Buffalo, Katherine combines her passion for clinical massage therapy with a holistic approach to wellness and alternative health. Her services are designed to provide guests with a rejuvenating and personalized experience in healing.

Katherine has over 10 years of experience working alongside chiropractors and physical therapists, blending clinical expertise with a compassionate touch to deliver outstanding results.

Katherine is a proud and active member of the American Massage Therapy Association (AMTA), a nationally recognized organization that champions the highest standards in the field. She strongly believes in the power of natural healing and is dedicated to providing care that supports her clients' overall health and wellness. Her years of experience in massage therapy and community building set her apart, making Evolve Spa a trusted sanctuary for relaxation, healing, and connection.

Evolve Spa New Buffalo is more than a place for massages—it's a destination for transformation.

Book your session today and experience personalized care that rejuvenates both body and mind. Discover the power of healing in a space designed to nurture your wellness journey.



